as a way of getting him to start on your yarn in a hurry. If you didn't, he would not do it until he got ready. They were independent, all right, and then when they were finished, you had to reach down into your pocket and pay for what he did. There used to be a lot of weavers here, but they are all gone now. The women have got out of weaving the wool.

A weaver here, Paddy Seán R—, was a very fine fellow though he drank a lot. You cannot blame him for that because his job was a mean one and bad on the health. He worked to keep his mother out of the workhouse and till the day she died he would not let her go there. Wasn't that a decent thing for him to do? Afterwards he went to Galway and then he came back here and as an old man he died in the workhouse. But wasn't it a decent thing he would not let his poor old mother go and her going up the streets of the town every morning collecting the urine from the people who lived in the house [to use for bleaching].

These three occupations were the meaner ones in the eyes of the country people. It was not that they degraded their followers. Rather it was that they were intrinsically of less value than the more robust crafts of outdoor life. Something of the sexual dichotomization of labor was involved in this attitude equating sedentary, house-bound pursuits with the feminine spheres of activity.

The chief exponents of the robuster, more masculine crafts within local ken were the carpenter, the mason, the house builder, and the smith. But there were many others. Between the landless or "backward" cotters and laborers, who might turn their hand to anything, and the small farmers, who were themselves occasionally forced to turn to harvesting abroad or to road-mending and stone-breaking at home, there were as many specialists as there were activities in which special renown and skill could be attained. In fact, the development of local skills seems restricted only by the limits of the *matériel* which peasant life requires.

Other local experts were the thatcher, the cattle doctor or "vet," often a herdsmen with a lifelong experience of

13:Evans K-5 (ca. 1940) 1957
ER6 Rural Irish ER6

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FIG. 19. A Donegal hearth, with crane, creepie and bread-iron. Pot and pot-hole on right.

other'.[1] It is interesting to notice that it is the Mongol usage to allot the right side of the yurt to men and the left side to women.[2] We are surely dealing with a very ancient tradition related perhaps to the ordered routine of a pastoral nomadic life. For the Mongols the right and left sides were symbolized respectively by horse and cow. In the humblest Irish farms, [514] which lack sanitary conveniences of any kind, it is customary for the women to use the byre and the men the stable.

354 821 If we now turn to the methods of suspending cooking pots over the fire we shall see how the woman's functions are best carried out on the left side. Besides the convenience of this for a normal right-handed person, there lies behind it the notion that for good luck significant actions involving the food supply—such as ploughing, casting a net or taking a pot off the fire—should follow the direction of the sun's movement in the sky. Thus the crane on which the pots are hung is almost

[1] Hugh Miller, *My Schools and Schoolmasters* (1857), 96
[2] E. D. Chapple and C. S. Coon, *Anthropology* (1946), 539.

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

241 soil covered. There was little "field-making" at the beginning of this century, and
[731] few plots south of the terrace crest were utilized for farming. Fields on the terraces were planted yearly with potatoes and other vegetables, but in the 1920s the "eelworm" parasite invaded the island and forced the present custom of
[659] fallowing plots for at least four years. This development necessitated the creation of new fields at the back, and when the government began to subsidize field making during the 1930s, and fence construction later on, another impetus to the manu-
[114] facture of additional land was provided. Most of the literature pertaining to Inis Beag, influenced by nativism and primitivism, claims that field and fence building has proceeded for centuries (even millennia) and disavows the existence of indigenous soils.

221 The year in Inis Beag commences in February with the advent of spring,
222 when seaweed is gathered, fields are manufactured, and crops are planted. Although
241 some seaweed is collected in the summer and autumn and stored in "cocks" near the shore or in outbuildings for later use, most of it is cut and pulled in January
[133] and February at the time of spring tides. There is a maximum 15¾ feet difference between flood and ebb spring tides in Inis Beag, and normally submerged reefs rich in seaweed are bared three to four hours daily for two or three days twice each month. The men await a "good strand" to gather seaweed, when the tide is lowest during the daylight hours and not influenced by wave or swell action, for this is a dangerous task which sometimes demands wading in water thigh deep. The folk are amused greatly by a sequence from a noted film about them depicting a woman carrying seaweed along the coast during a raging storm; the footage was created by the producer to satisfy esthetic canons and to portray the primitive and Celtic virtues.

241 The generic term for natural fertilizers is "manure" and includes seaweed, compost, and guano. The islanders also use chemical fertilizers to some extent, particularly in areas where soils are deficient in manganese. Compost varies much in composition and may include human and animal feces, called "dung," turf ashes, and decaying vegetable matter, such as ferns and the sod "scraws" of thatched roofs
[514] being dismantled. Nowhere in the literature is the use of human manure mentioned, and the folk are extremely secretive about its use, as they also are about burning cow dung for fuel in times of emergency. Their reticence about disclos-
[654] ing these practices is a product of sexual puritanism. Young farmers are more willing than their elders to follow the advice of the Department of Agriculture agent stationed in a neighboring island, and are coming to use chemical fertilizers more commonly than was the case in the past. The islanders eschew artificial commodities which impinge on the human body, and often I have heard chemical fertilizers denounced because they supposedly are manufactured from "bones of evil persons buried in cemeteries" on the Continent, or victims of the plague centuries ago. Some farmers hold artificial fertilizers to blame for both the potato blight and the eelworm parasite.

824 Four kinds of seaweed are utilized by the folk: ribbon weed, string weed or sea thong, red or May weed, and black weed or bladder wrack. The most commonly used variety is red weed, once the major source of kelp, which is washed in
[437] the year around and is stripped of its leaves when collected. Its stems are known

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

feel that sexual intercourse is debilitating, and they will desist from it the night before they are to perform tasks which will require the expenditure of great energy. Women are approached sexually neither during menstruation nor for at least six months after childbirth, for they are considered "dangerous" to the male at these times. Returned Yanks have been denounced from the pulpit for describing American sexual mores to local youths, and such "pornographic" magazines as *Time* and *Life*, mailed home by relatives from abroad, have aroused curates to spirited sermon and instruction.

Male masturbation seems to be common in Inis Beag (sometimes called the major "escape valve" for frustration in Ireland), but premarital coitus is unknown and marital copulation is limited as to foreplay and the manner of consummation. Elders proudly insist that premarital sexual activities of any sort do not occur in the island, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the bolder of them kiss and handle outside of their clothing. Inis Beag girls, it is held by their lovers, do not confess these sins because they fail to experience pleasure from the contact; the male perpetrators also shun the confessional because of their fear of the curate. Absolute privacy at night is sought by married couples when they copulate, and foreplay is limited to kissing and rough fondling of the lower body of the woman, especially her buttocks. Sexual activity invariably is initiated by the husband, and the wife is usually totally passive. Only the male superior position is employed, and intercourse takes place with underclothes not fully removed; orgasm for the man is achieved quickly, after which he falls asleep almost immediately. Whenever I talked with males of sexual practices other than those just described, my remarks were met with disbelief, or I was accused of "codding" my listeners.

Many kinds of behavior disassociated from sex in other societies, such as nudity and physiological evacuation, are considered sexual in Inis Beag. We have noted elsewhere the fear of nudity—which precludes washing the body and bathing in the sea—and the secrecy surrounding the acts of urination and defecation and the use of human manure as fertilizer and cow dung as fuel. The sexual symbolism of nudity not only has resulted in the drowning of seamen who might have saved themselves had they been able to swim, but in the death of men who were unwilling to face the nurse when ill, because it might mean baring their bodies to her, and thus were beyond help when finally treated. An island nurse confided to me that she was physically assaulted by the mother of a young man for diagnosing his illness in the mother's absence and bathing his chest as the woman entered his bedroom. Even the nudity of household pets can arouse anxiety, especially when they are sexually aroused during time of heat. In some cottages, dogs are whipped for licking their genitals and soon learn to indulge in this behavior outside when unobserved.

Hypochondria and depression in Inis Beag are inextricably linked, in that the former composes part of the syndrome of the latter; and just as sexual puritanism is undergirded by masochism, so are these two traits. Little more need be said about the causes of depression among the folk, other than to bring together factors which have been discussed earlier: the extent to which their lives are circumscribed by the will of the priest and other figures of authority; their poverty

574
273 Women

[562] tend to drink very little at parties, in part because of the embarrassment caused
[514] them by visiting the outside toilet with men looking on.

574 The party commences with several sets danced in quick succession. There
571 is room for only one dance group initially because of the small size of the kitchen
[535] and the large number of guests filling the house. It is difficult to move about the two rooms with the press of bodies, and the crowd within is matched by the
[562] cluster of men around the front door awaiting their turn to dance. Unmarried women tend to sit and stand on one side of the kitchen and men on the other,
[857] while married people congregate in the other room. Children in their best dress sit quietly together and watch the festivities tirelessly until the guests depart.
574 Crowding at the party necessitates that men and women will be pressed together
834 both as dancers and viewers, and that persons will sit on one another's laps, including women on the laps of men occasionally. The islanders strain to display indifference, as they do in watching a full-bodied woman step dance, at least until the intake of alcohol causes a few to betray their emotions.

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533 Usually two or even three accordionists (and the visiting anthropologist
[123] with his phonograph) are invited to attend, and they spell one another. After an hour or so of dancing, singers and step dancers perform between the sets while
574 stout is poured; they may be called out by the urging of the guests, or by the host or
273 one of his choosing who acts as a master of ceremonies and directs all of the
[533] activities of the party. Stout may be distributed during the sets, but most hosts
[535] prefer that it be done during pauses, so that less is spilled by the dancing and milling crowd. The pourer with his bucket follows the movement of the mugs and glasses as they are passed about, and each man on having his container filled drains it quickly and surrenders it to another nearby. Most of the young men visit the pubs before the party and may do so again once or twice before the pubs close.

574 Midway during the night, the table of "the room" is set, and refreshments
264 are served to all of the guests in shifts. First the women are served, then the chil-
[576] dren, followed by the young men who do not drink stout, and finally the other men. Both in viewing the proceedings from benches and in eating, the children are separated as to sex. The menu resembles that of the usual Inis Beag meal and includes tea, bread spread with butter and jam, cakes, and sometimes hard candy.
[35L] Between the many sittings, the dishes and utensils are washed in a bucket and the
574 table reset. Dancing continues in the kitchen during this period, and after every-
535 one is served the table is moved to a corner and a second set is formed. The remainder of the night is spent in dancing, but the pauses which punctuate the sets become longer and the songs and step dances by guests more frequent as dawn approaches.

574 My wife and I sponsored a Christmas party in 1959 in the home of an
579 islander and invited the entire population of Inis Beag. Two hours after midnight,
123 when I was absent briefly escorting an old man to his cottage, a fight broke out
[577] between two family factions which sent all of the guests scurrying home. The following day, everyone whom we met commiserated with us "for the shame of it," and we were told of many other parties in the past which had ended in the
574 same manner, so that we would not think our affair a failure. In recent years,
579 "rowdyism" on the part of youths who have "taken too much" has increased at
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[738]

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

Sex and Repression in an Irish Folk Community

Many kinds of behavior disassociated from sex in other societies such as nudity and physiological evacuation, are considered sexual in Inis Beag. Nudity is abhorred by the islanders, and the consequences of this attitude are numerous and significant for health and survival. Only infants have their entire bodies sponged once a week, on Saturday night; children, adolescents, and adults, on the same night, wash only their faces, necks, lower arms, hands, lower legs, and feet. Several times my wife and I created intense embarrassment by entering a room in which a man had just finished his weekly ablutions and was barefooted; once when this occurred, the man hurriedly pulled on his stockings and said with obvious relief, "Sure, it's good to get your clothes on again." Clothing always is changed in private, sometimes within the secrecy of the bedcovers, and it is usual for the islanders to sleep in their underclothes.

Despite the fact that Inis Beag men spend much of their time at sea in their canoes, as far as we could determine none of them can swim. Four rationales are given for this deficiency: the men are confident that nothing will happen to them, because they are excellent seamen and weather forecasters; a man who cannot swim will be more careful; it is best to drown immediately when a canoe capsizes far out in the ocean rather than swim futilely for minutes or even hours, thus prolonging the agony; and, finally, "When death is on a man, he can't be saved." The truth of the matter is that they have never dared to bare their bodies in order to learn the skill. Some women claim to have "bathed" at the back of the island during the heat of summer, but this means wading in small pools with skirts held knee-high, in complete privacy. Even the nudity of household pets can arouse anxiety, particularly when they are sexually aroused during time of heat. In some homes, dogs are whipped for licking their genitals and soon learn to indulge in this practice outdoors. My wife, who can perform Irish step-dances and sing many of the popular folk songs, was once requested to sing a seldom-heard American Western ballad; she chose "The Lavendar Cowboy," who "had only two hairs on his chest." The audience response was perfunctory and, needless to say, she never again was "called out" to sing that particular song.

The drowning of seamen, who might have saved themselves had they been able to swim, is not the only result of the sexual symbolism of nudity; men who were unwilling to face the nurse when ill, because it might have meant baring their bodies to her, were beyond help when finally treated. While my wife and I were on the island, a nurse was assaulted by the mother of a young man for diagnosing his illness and

bathing his chest in the mother's absence. (In this case, Oedipal and sexual attitudes probably were at work in tandem.)

It must be pointed out that nudity is also shunned for "health" reasons, for another obtrusive Inis Beag character trait is hypochondria. In some cases, however, it is hard to determine whether concern with modesty or health is dominant in a particular behavioral response. Fear of colds and influenza is foremost among health concerns; rheumatism and related muscular joint ailments, migraine headaches and other psychosomatic disorders, tooth decay, indigestion ("nervous stomach"), and hypermetropia are other widespread pathologies which cause worry among the folk—not to mention those of supernatural origin.

Secrecy surrounds the acts of urination and defecation. The evacuation of infants before siblings and strangers is discouraged, and animals that discharge in the house are driven out. Chickens that habitually "dirty" their nests while setting are soon killed and eaten. Although some women drink spirits privately, they seldom do so at parties. In part this is because of the embarrassment involved in visiting the outside toilet with men in the "street" looking on. One of the most carefully guarded secrets of Inis Beag, unreported in the many works describing island culture, is the use of human manure mixed with sand as a fertilizer. We were on the island eight months before we discovered that compost is not "street drippings" and "scraw," but decomposed feces. With "turf" becoming more difficult to procure from the mainland, some islanders have taken to importing coal and processed peat and burning cattle dung. The dung is prepared for use in difficult-to-reach plots at the back of the island when tourists are few in number; it is burned covertly because of the overtones of sex and poverty. Another custom that my wife and I learned of late in our research, due to the secrecy surrounding it, concerns the thickening of wool; men are required to urinate in a container and tread the wool therein with their bare feet.

Other major manifestations of sexual repression in Inis Beag are the lack of a "dirty joke" tradition (at least as the term is understood by ethnologists and folklorists) and the style of dancing, which allows little bodily contact among participants. I have heard men use various verbal devices—innuendoes, puns, and asides—that they believed bore sexual connotations; relatively speaking, they were pallid. In the song that I composed, one line of a verse refers to an island bachelor arising late in the day after "dreaming perhaps of a beautiful mate"; this is